

# the ecological self



*How do we develop a wider self?...The self is as comprehensive as the totality of our identifications. Or, more succinctly: Our Self is that with which we identify. The question then reads: How do we widen identification?*

*Arne Naess 'Identification as a Source of Deep Ecological Attitudes'*

*Activism is engaging in healing work. It means putting our hands in the dough and not merely thinking or talking about making tortillas. It means creating spaces and times for healing to happen, espacios y tiempos to nourish the soul . . . It's frustrating when healing doesn't happen immediately. Some of us choose to slow down the healing work or choose not to heal because we've become familiar and comfortable with our wounds. We may be afraid that our entire life will change if we heal. And it will . . . plunge your hands into the mess, plunge your hands en la masa, into embodied practical material spiritual political acts.*

*Gloria E. Anzaldua Light in the Dark. Rewriting Identity, Spirituality, Reality.*

## **Introduction**

Welcome to module four "The Ecological Self". Various thinkers have suggested that the roots of our ecological crisis lie within Western conceptions of the self, and that we need therefore to cultivate an ecological self.

In this module we will engage in, and evaluate, a variety of practices to consider what is meant by the self, how differing notions of the self lead us to different modes of engagement with the more-than-human, to question the idea of an ecological self, and to ask whether it is indeed possible to achieve an ecological self. Through direct experience and critical reflection, we will be able to consider the consonances and dissonances between thought and practice in regards to the ecological self.

We will ask ourselves how we might act in service of a more just world. Our reflections will be situated within a consideration of theories activism, quietism and non-violent direct action. The module will examine ideas of an ecological self in the light of post-activist critiques, including delicate activism and sacred activism. We will reflect upon, consider and critique our own experiences of activism, and consider what form ecological selfhood might take after graduation from Schumacher College.

Our learning will consist in a mixture of practical workshops and textual readings, with sessions from several external tutors who are specialists in their area of expertise. There will be spaces for reflection and discussion, inspired by weekly readings.

**Module leader:** Dr Andy Letcher [andy.letcher@schumachercollege.org.uk](mailto:andy.letcher@schumachercollege.org.uk)  
Office in High Cross House, Rear Servant Bedroom Right

**Guest lecturer:** Eve Annecke [eveannecke@gmail.com](mailto:eveannecke@gmail.com)

**Unless otherwise stated:** classes will be held in the Ecological Design Thinking studio (EDT studio) in the Craft Ed building, at the Old Postern site.

**Key dates:**

- Term dates Monday July 5<sup>th</sup> – Friday September 10<sup>th</sup> 2021
- Academic essay due **11.00 Monday 13<sup>th</sup> September**
- Student presentations due **11.00am Friday 17<sup>th</sup> September**
- **Bank holidays:** no classes on **Monday 30<sup>th</sup> August**
- **Andy will be away 18<sup>th</sup> – 30<sup>th</sup> August**

**Module aims:**

- To critically investigate differing Western and non-Western notions of the self, especially in regard to their causing, maintaining or resolving the ecological crisis
- To experiment with and evaluate a range of practices that might engender an ecological self
- To reflect critically on ways to act as ecological selves in service of a more just world
- To reflect critically upon the ecological self in the light of theories of change (including activism, quietism and non-violent direct action)
- To evaluate the ecological self in the light of thought regarding post-activism, delicate activism and sacred activism

**Module assessment**

The module assessment is 100% coursework and consists in two components.

- 1 x 3000 word academic essay on a subject to be determined with the module leader, due **11.00 Monday 13<sup>th</sup> September**. Component weighting 50%.
- 1 x individual presentation, performed on video or audio (as diary, podcast, or radio programme) of no more than ten minutes reflecting on own understanding of and intended actions around ecological selfhood. Due **11.00 Friday 17<sup>th</sup> September**. Component weighting 50%.

Assessments should be uploaded via the Schumacher VLE. Marks and feedback will be available within 20 working days.

**Assessed module learning outcomes:**

In sum your coursework should meet the following learning outcomes

1. Evaluate, critique and locate historically different ideas of the self and how they situate the human in relation to the more-than-human.
2. Critically assess the notion of an ecological self and the efficacy of different practices for engendering an ecological self.
3. Evaluate the ecological self in the light of theories of change and post-activist thought.
4. Present reflectively on their intended actions and ambitions upon graduation with regard to ecological selfhood.

**Teaching and learning strategy:**

<b>SUMMARY OF TEACHING AND LEARNING [Use HESA KIS definitions]</b>		
<b>Scheduled Activities</b>	<b>Hours</b>	<b>Comments/Additional Information (briefly explain activities, including formative assessment opportunities)</b>
Lectures	30	
Demonstrations and practical workshops	14	Introductions to different practices of the self
Seminars	12	
Peer to peer	8	Reading and other learning

Tutorials	1	Face to face tutorials on assignments
Independent study	235	
<b>Total</b>	300	<b>(NB: 1 credit = 10 hours of learning; 10 credits = 100 hours, etc.)</b>

Students are expected to take full responsibility for their learning, **attend all** scheduled sessions, read appropriate indicated readings, and work on set exercises (formative and summative assessment).

Based on previous experience; students who failed to attend sessions are likely to be unsuccessful or show poor performance. Please ensure that you are engaging with the content and learning activities relating to this module.

**Late work/extenuating circumstances:**

If your participation in an examination or assessment has been affected by an extenuating circumstance, then you can ask the University to take this into consideration. You can submit a claim for extenuating circumstances to cover late submission of work, non-submission of work or non-attendance at a time specific assessment, such as an examination, test presentation or performance, or field class.

Information regarding the Extenuating Circumstances policy and how and where to submit Extenuating Circumstance Claims are available here: <https://www.plymouth.ac.uk/student-life/your-studies/essential-information/exams/exam-rules-and-regulations/extenuating-circumstances>

Where there are no valid extenuating circumstances, the following regulations will automatically apply:

- Work submitted after the deadline date/time but within 24 hours of it, will be capped at the pass mark 50%
- Work submitted 24 hours after the deadline will receive a mark of zero.

Please notify Dr Andy Letcher of any extenuating circumstances as soon as possible.

**Referencing protocols and academic offences:**

When writing a report or an essay you are expected to fully reference the materials you have used. The report or essay should be your own work, in your own words. For details on referencing please read the University of Plymouth referencing library guide:

<https://plymouth.libguides.com/referencing>

Please use the **Harvard** system of references.

**Plagiarism** is an offence under the University regulations on examination and assessment offences. It is important that you familiarise yourself with what constitutes plagiarism, and academic offences. Further information can be found:

<https://www.plymouth.ac.uk/student-life/your-studies/essential-information/regulations/plagiarism>

And <https://www.plymouth.ac.uk/student-life/your-studies/essential-information/exams/exam-rules-and-regulations/examination-offences>

**Module feedback**

At the end of the module we ask that you complete and submit a module feedback form, available on the VLE. This enables us to monitor quality, listen to your feedback and to make improvements.

**Provisional timetable TERM TWO**

\* some sessions may begin earlier/later in day e.g. workshops

05.07  
week 1

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morning 10.00-13.00 (approx.)                      afternoon 14.15-16.30 (approx.)                      additional info

MA Engaged Ecology  
Term 2. 2021  
Module code SCH5503

mon	Introduction: Technologies of the Self, What is the Self?	Tai Chi workshop – Roberto	
tues	The Atomistic Self/We have always been lichens	Research methods	
wed	Introduction: After Entanglement? Response and responsibility	Belonging and “beloved community”	
thurs	9.30am Intro to climate justice with Ashish Ghadiali	Setting up ongoing project	
fri			

12.07  
week 2

	morning 10.00-13.00	afternoon 14.15-16.30	additional info
mon	The Ecological Self	Outdoor session – Forest Bathing	
tues	Lynn White and the Greening of Religion Hypothesis	Wild Communion – Sam Wernham	
wed	Kinship and queering connections	Pleasure & Grief	
thurs	Voice workshop – Ruairi Edwards	Voice workshop continued	
fri			

19.07  
week 3

	morning 10.00-13.00	afternoon 14.15-16.30	additional info
mon	Practical workshop – Platonism, Geometry and the Ecological Self – Dr Katya Nosyreva	Workshop contd.	
tues	Reflections on Platonism	Independent study	Friday optional session: 2pm-3.30pm Formulating a research question – Oona Wagstaff
wed	Violence & Resistance	Workshop preparation	
thurs	9.30am Conflict transformation through a systemic lens – Ben Yeger	Workshop continued until 6pm	
fri			

26.07  
week 4

	morning 10.00-13.00	afternoon 14.15-16.30	additional info
mon	The Southern African Tradition – Colin Campbell	Contd.	
tues	Ubuntu and its discontents	Independent study	
wed	Outdoor workshop – Denise Rowe	Outdoor workshop continued	Mbira ceremony 8-10pm
thurs	Rest and Integration	Reflections seminar	
fri			

02.08  
week 5

	morning 10.00-13.00	afternoon 14.15-16.30	additional info
mon	The Ecological Self and Ontopoetics – Freya Mathews	Tutorials	
tues	Psychedelics and the Ecological Self	Reflections on the Ecological Self	
wed	Hyperrelationality & the suprasocial	Workshop – Hugh Malyon	
thurs	Reflections seminar	Planning for group assessments	
fri			

09.08  
week 6

	morning 10.00-13.00	afternoon 14.15-16.30	additional info
mon	Introduction – Sacred Activism	Tutorials	
tues	Dartmoor Field Trip (TBC)		
wed	Poetics of Climate Justice – Ashish	Embodied social change 3-5pm.	Paul Gilroy 8-9.30pm
thurs	Healthy Human Culture	Healthy Human Culture	
fri			

16.08  
week 7

	morning 10.00-13.00	afternoon 14.15-16.30	additional info
mon	10.00 Lynedoch Ecovillage, Individuals and Community – Eve 11.00-13.00 Sacred Activism – Satish Kumar	Tutorials	
tues	Reimagining activism – Allan Kaplan	Tutorials	Andy away, 18 <sup>th</sup> -30 <sup>th</sup>
wed	Group Tutorials	Group Tutorials	
thurs	Group Tutorials	TBC	
fri			

23.08  
week 8

	morning 10.00-13.00	afternoon 14.15-16.30	additional info
mon	Conversation with Sacred Activists	Activism, addiction, the shadow Evening session – Lyla June Johnson – time tbc	
tues	Reimagining our stories (preparation for presentations)	Contd.	
wed	Field trip Dartmoor – Carolyn Hillyer	Field trip continued until 10pm	Until 10pm
thurs	Rest & Integration	Reflections	
fri			

30.08  
week 9

	morning 10.00-13.00	afternoon 14.15-16.30	additional info
mon	Bank Holiday, no classes	No classes	
tues	Death, agency, activism – Selena King	Independent study	
wed	Solidarity	Independent study	
thurs	Independent Study	Joyfully Together – Ethan Pollock	
fri			

06.09  
week10

	morning 10.00-13.00	afternoon 14.15-16.30	additional info
mon			
tues			
wed	Student presentations	Student presentations	
thurs	Student presentations	Student presentations	
fri			

13.09  
week11

	morning 10.00-13.00	afternoon 14.15-16.30	additional info
mon	<b>Ecological Self academic essay deadline 11.00 am</b>		
tues			
wed			
thurs	Assignment deadline 4.00 pm		
fri	<b>Ecological Self presentation deadline 11.00am</b>		

# reading list

## Week 1

**Monday 5<sup>th</sup> July** *Introduction: What is the Self?*

### Suggested reading

Carvalho, António. 2017. 'Ecologies of the self in practice – meditation, affect and ecosophy.' *Geografiska Annaler: Series B, Human Geography* 99(2): 207-222.

Rothberg, Donald. 1993. 'The crisis of modernity and the emergence of socially engaged spirituality.' *ReVision* 15(3): 105-114.

### Additional reading

Foucault, Michel. "[Technologies of the Self.](#)" Lectures at University of Vermont Oct. 1982, in *Technologies of the Self*, 16-49. Univ. of Massachusetts Press, 1988 [online].

Seigel, Jerrold. 2005. 'Dimensions and contexts of selfhood.' Chapter 1, pp. 3-44 in Jerrold Seigel *The Idea of the Self: Thought and Experience in Western Europe Since the Seventeenth Century*. Cambridge: Cambridge University Press. [Copy in the EDT library.]

**Tuesday 6<sup>th</sup> July** *The Atomistic Self*

### Required reading

Matthews, Freya. 1991. 'Atomism and its ideological implications.' Chapter 1, pp. 7-47 in Freya Matthews *The Ecological Self*. London: Routledge.

Gilbert Scott, F., Jan Sapp, and Alfred I Tauber 2021. 'A symbiotic view of life: we have never been individuals.' *The Quarterly Review of Biology* 87(4): 325-341.

## Week 2

**Monday 12<sup>th</sup> July** *The Ecological Self*

### Required reading

Naess, Arne 1987. 'Self-realization: an ecological approach to being in the world.' *The Trumpeter* 4(3): 35-42.

Seed, John. 2006. 'The Ecological Self.' *The Trumpeter* 22(2): 96-102.

Callicott, J. Baird. 2017. 'Notes on 'self-realization.' *Worldviews* 21(3): 235-250.

### Additional reading

Diehm, Christian. 2007. 'Identification with Nature: What it is and why it Matters.' *Ethics and the Environment* 12(2): 1-22.

Naess, Arne. 1973. 'The shallow and the deep, long-range ecology movement. A summary', *Inquiry*, 16: 1, 95 — 100.

**Tuesday 13<sup>th</sup> July** *Christianity and Anthropocentrism: the Lynn White Hypothesis*

### Required reading

White Lynn Jr. 1967. 'The historical roots of our ecologic crisis.' *Science* 155(3767): 1203-1207.

### Additional reading

Taylor Bron. 2016. 'The Greening of Religion Hypothesis (Part One): From Lynn White Jr and Claims That Religions Can Promote Environmentally Destructive Attitudes and Behaviors to Assertions They Are Becoming Environmentally Friendly'. *Journal for the Study of Religion, Culture and Nature* 10(3): 268-305.

Taylor Bron, Gretel van Wieren, Bernard Zaleha. 2016. 'The Greening of Religion Hypothesis (Part Two): Assessing the Data from Lynn White, Jr, to Pope Francis.' *Journal for the Study of Religion, Culture and Nature* 10(3): 306-378.

Whitney, Elspeth. 2015. 'Lynn White Jr.'s 'The Historical Roots of our Ecologic Crisis' After Fifty Years.' *History Compass* 13(8): 396-410.

### Week 3

**Monday 19<sup>th</sup> July** *Platonism and Geometry*

#### Suggested reading

Critchlow, Keith. 1994. 'Twelve Criteria for Sacred Architecture' in *Homage to Pythagoras: Rediscovering Sacred Science*, edited by Christopher Bamford, Lindisfarne Books.

Fletcher, Rachel. 2013. 'Introduction: Finding Harmony in Design' in *Infinite Measure: Learning to Design in Geometric Harmony with Art, Architecture and Nature*. George F. Thompson Publishing.

**Tuesday 20<sup>th</sup> July** *Reflections on Plato*

#### Required reading

Mahoney, Timothy A. 1997. 'Platonic Ecology: A Response to Plumwood's Critique of Plato.' *Ethics and the Environment*: 2(1): 25-41.

### Week 4

**Monday 26<sup>th</sup> July** *Ecological self in the Southern African Tradition*

#### Suggested reading

Campbell, Alec C. 1968. 'Some Notes on Ngwaketse Divination.' *Botswana Notes and Records* 1: 9-13.

**Tuesday 27<sup>th</sup> July** *Ubuntu and the ecological self*

#### Required reading

Le Grange, Lesley. 2012. 'Ubuntu, Ukama and the Healing of Nature, Self and Society.' *Educational Philosophy and Theory* 44(sup2): 56-67

### Week 5

**Monday 2<sup>nd</sup> August** *Onto-poetics*

#### Required reading

Mathews, Freya. 2017. "Come with Old Khayyam and Leave the Wise to Talk" *Worldviews* 21(3): 218-234.

Mathews, F. 2007. 'The Poetic Structure of Being: an Invitation to Ontopoetics', *Australian Humanities Review* 43 (on-line).

**Tuesday 3<sup>rd</sup> August** *Psychedelics and the Self*

#### Required reading

Sjöstedt-H, Peter. 2020. 'The Self Unlocked. Psychedelic Experience is the Key to the Self.' *IAInews* available at <https://iai.tv/articles/the-self-unlocked-avid-1497>

**Additional reading**

R. L. Carhart-Harris and K. J. Friston. 2019. 'REBUS and the Anarchic Brain.' *Pharmacological Reviews* 71 (3) 316-344; DOI: <https://doi.org/10.1124/pr.118.017160>

<https://www.youtube.com/watch?v=rhrWodW4OgQ>

**Week 6**

**Monday 9<sup>th</sup> August** *Towards a Sacred Activism*

**Required reading**

Anzaldúa, G.E. 2015. Light in the Dark: Rewriting Identity, Spirituality, Reality. Ed: Keating A.L. Chapter 1: 9-23. Duke University Press.

Achebe, N. & Robertson, C. (Eds). 2019. Holding the World Together: African Women in Changing Perspective (Women in Africa and the Diaspora). Chapter 3: 61-79. The University of Wisconsin Press.

**Additional reading**

Achebe, N. 2020. Female Monarchs and Merchant Queens in Africa (Ohio Short Histories of Africa). Chapter 1: 35-70. Ohio University Press.

Keating A. 2005. 'Shifting Perspectives: Spiritual Activism, Social Transformation, and the Politics of Spirit.' In: Keating A. (eds) *EntreMundos/AmongWorlds*. Palgrave Macmillan, New York. [https://doi.org/10.1057/9781403977137\\_24](https://doi.org/10.1057/9781403977137_24)

Keating A. 2019. 'From From Status-Quo Stories to Post-Oppositional Transformation.' *Tikkun Magazine* 34(1): 85-91.

**Week 7**

**Tuesday 17<sup>th</sup> August** *A Delicate Activism*

**Required reading**

Kaplan Allan and Sue Davidoff. 2014. *A Delicate Activism. A Radical Approach to Change*. The Proteus Initiative: Cape Town, South Africa.

Elenes, C.A. 2013. Nepantla, Spiritual Activism, New Tribalism: Chicana Feminist Transformative Pedagogies and Social Justice Education. *Journal of Latino/Latin American Studies*, 5(3):132-141.

**Additional reading**

Corbin, M. 2006. Facing Our Dragons: Spiritual Activism, Psychedelic Mysticism and the Pursuit of Opposition. *Human Architecture: Journal of the Sociology of Self-Knowledge*, 4(3):239-247.

Carmichael, M., & McIntosh A. 2016. Spiritual Activism: Leadership as Service. Chapter 5; 81-100. Green Books.

**Week 8**

**Monday 23<sup>rd</sup> August** *Conversations with Sacred Activists/Activisms, Addictions and the Shadow*

**Required reading**

McIntosh Alastair and Matt Carmichael. Ch. 5 'Movements and their Movers'. In *Spiritual Activism: Leadership as Service*. Dartington: Green Books.

Keating, A. 2008. "I'm a citizen of the universe": Gloria Anzaldúa's Spiritual Activism as Catalyst for Social Change. *Feminist Studies*, 34(1/2):53-69.

**Additional reading**

Khuankaew, O. 2020. Grassroots Women Transforming Patriarchy with Spiritual Activism. *Journal of Feminist Studies in Religion*, 36(1):113-121.

Korten, D., Egel, E. & Pavlovich, K. 2017. An interview with David Korten: inquiry into the sacred. *Journal of Management, Spirituality and Religion*, 15(3):199-210.

**Tuesday 24<sup>th</sup> August** *Reimagining our Stories*

**Required reading**

Harvey, A. 2020. *What is Sacred Activism?* [Online] Available: <https://www.andrewharvey.net/sacredactivism>. [2020, September 22].

Keating, A. 2008. "I'm a citizen of the universe": Gloria Anzaldúa's Spiritual Activism as Catalyst for Social Change. *Feminist Studies*, 34(1/2):53-69.



**Additional reading**

Khuankaew, O. 2020. Grassroots Women Transforming Patriarchy with Spiritual Activism. *Journal of Feminist Studies in Religion*, 36(1):113-121.  
Korten, D., Egel, E. & Pavlovich, K. 2017. An interview with David Korten: inquiry into the sacred. *Journal of Management, Spirituality and Religion*, 15(3):199-210.

**Week 9**

**Monday 30<sup>th</sup> Bank Holiday No reading**

**Tuesday 31<sup>st</sup> August Death, agency, activism**

**Required reading**

Caldwell, C. 2014. Mindfulness & Bodyfulness: A New Paradigm. *Journal of Contemplative Inquiry*, 1(1):69-88.  
Lorde, A. 1978. The Master's Tools will never dismantle the Master's House. Uses of the Erotic. Chapter 2: 6-15. Penguin.

**Additional reading**

Palmer, L. 2006. *Empowered by the Sacred*. [Online]  
Available: <https://spiritualityhealth.com/articles/2012/01/28/empowered-sacred>. [2020, September 22].  
Shahjahan, R.S. 2015. Being 'Lazy' and Slowing Down: Toward decolonizing time, our body, and pedagogy. *Educational Philosophy and Theory*, (5):488-501.  
Shahjahan, R.A., Wagner, A., & Wane, N.N. 2009. Rekindling the Sacred: Toward a Decolonizing Pedagogy in Higher Education. *Journal of Thought*, (Spring-Summer):59-75.

**Week 10**

**Suggested reading**

Sheridan, M.J. 2012. Spiritual Activism: Grounding Ourselves in the Spirit. *Journal of Religion & Spirituality in Social Work: Social Thought*, 31(1-2):193-208.

Winiacki, M. 2018. *Sacred activism: a movement for global healing*. [Online]

Available: <https://www.opendemocracy.net/en/transformation/sacred-activism-movement-for-global-healing/>. [2020, September 22].

**Other suggested reading**

Achebe, N. 2020. *Female Monarchs and Merchant Queens in Africa* (Ohio Short Histories of Africa). Ohio University Press.

Achebe, N. & Robertson, C. (Eds). 2019. *Holding the World Together: African Women in Changing Perspective* (Women in Africa and the Diaspora). The University of Wisconsin Press.

Achebe, N. 2011. *The Female King of Colonial Nigeria: Ahebi Ugbabe*. Indiana University Press.

Akomolafe, Bayo. 2017. *These Wilds Beyond our Fences: Letters to my Daughter on Humanity's Search for Home*. North Atlantic Books.

Anzaldúa, G.E. 2015. Light in the Dark: Rewriting Identity, Spirituality, Reality. Ed: Keating A.L. Chapter 1: 9-23. Duke University Press.

Apffel-Marglin. 2012. *Subversive Spiritualities: How Rituals Enact the World*. Oxford University Press: Oxford.

Bauman, Whitney A., Richard R. Bohannon II, and Kevin O'Brien. 2017. *Grounding Religion: A Field Guide to the Study of Religion and Ecology*. 2<sup>nd</sup> Edition. London: Routledge.

Brown, Adrienne Marie. 2019. *Pleasure Activism. The Politics of Feeling Good*. AK Press.

Busby, M. 2020. *New Daughters of Africa: An International Anthology of Writing by Women of African Descent*. Myriad Editions.

Caldwell, C. 2014. Mindfulness & Bodyfulness: A New Paradigm. *Journal of Contemplative Inquiry*, 1(1):69-88.

Carmichael, M., & McIntosh A. 2016. *Spiritual Activism: Leadership as Service*. Green Books.

- Corbin, M. 2006. Facing Our Dragons: Spiritual Activism, Psychedelic Mysticism and the Pursuit of Opposition. *Human Architecture: Journal of the Sociology of Self-Knowledge*, 4(3):239-247.
- Elenes, C.A. 2013. Nepantla, Spiritual Activism, New Tribalism: Chicana Feminist Transformative Pedagogies and Social Justice Education. *Journal of Latino/Latin American Studies*, 5(3):132-141.
- Fox, Warwick. 1990. *Toward a Transpersonal Ecology*. Boston: Shambhala Publications.
- Harvey, A. 2020. *What is Sacred Activism?* [Online] Available: <https://www.andrewharvey.net/sacredactivism>. [2020, September 22].
- Heath, S., Beresford-Kroeger, D., & Stickney, J. 2020. 'Mother-trees' and Teachers: Connecting My Daughter's Environmental Education with Diana Beresford-Kroeger's Enduring Wisdom. [Journal of Philosophy of Education Volume 54, Issue 4](#) p. 1053-1063
- Heise, Ursula K, Jon Christensen and Michelle Niemann (eds). 2017. *The Routledge Companion to the Environmental Humanities*. Routledge: Abingdon.
- Keating A. 2005. 'Shifting Perspectives: Spiritual Activism, Social Transformation, and the Politics of Spirit.' In: Keating A. (eds) *EntreMundos/AmongWorlds*. Palgrave Macmillan, New York. [https://doi.org/10.1057/9781403977137\\_24](https://doi.org/10.1057/9781403977137_24)
- Keating, A. 2008. "I'm a citizen of the universe": Gloria Anzaldúa's Spiritual Activism as Catalyst for Social Change. *Feminist Studies*, 34(1/2):53-69.
- Keating, AnaLouise. 2013. *Transformation Now! Toward a Post-Operational Politics of Change*. Urbana: University of Illinois Press.
- Keating A. 2019. 'From From Status-Quo Stories to Post-Operational Transformation.' *Tikkun Magazine* 34(1): 85-91.
- Khuankaew, O. 2020. Grassroots Women Transforming Patriarchy with Spiritual Activism. *Journal of Feminist Studies in Religion*, 36(1):113-121.
- Korten, D., Egel, E. & Pavlovich, K. 2017. An interview with David Korten: inquiry into the sacred. *Journal of Management, Spirituality and Religion*, 15(3):199-210.
- Lorde, A. 1978. The Master's Tools will never dismantle the Master's House. *Uses of the Erotic*. Chapter 2: 6-15. Penguin.
- Menakem, R. 2017. *My Grandmother's Hands: racialized trauma and the pathway to mending our hearts and bodies*. Penguin.
- Palmer, L. 2006. *Empowered by the Sacred*. [Online] Available: <https://spiritualityhealth.com/articles/2012/01/28/empowered-sacred>. [2020, September 22].
- Salami, M. 2020. *Sensuous Knowledge: A Black Feminist Approach for Everyone*. Zed Books.
- Shahjahan, R.S. 2015. Being 'Lazy' and Slowing Down: Toward decolonizing time, our body, and pedagogy. *Educational Philosophy and Theory*, (5):488-501.
- Shahjahan, R.A., Wagner, A., & Wane, N.N. 2009. Rekindling the Sacred: Toward a Decolonizing Pedagogy in Higher Education. *Journal of Thought*, (Spring-Summer):59-75.
- Sheridan, M.J. 2012. Spiritual Activism: Grounding Ourselves in the Spirit. *Journal of Religion & Spirituality in Social Work: Social Thought*, 31(1-2):193-208.
- Taylor, Bron. 2009. *Dark Green Religion: Nature Spirituality and the Planetary Future*. University of California Press.
- Tucker, Mary Evelyn and John Grim. 2016. *Routledge Handbook of Religion and Ecology*. London: Routledge.
- Van der Kolk, B. 2014. *The Body Keeps the Score: mind, brain and body in the transformation of trauma*. Penguin.
- Weir-Soley, D.A. 2017. *Eroticism, Spirituality, and Resistance in Black Women's Writings*. University Press of Florida.

Winiiecki, M. 2018. *Sacred activism: a movement for global healing*. [Online] Available:  
<https://www.opendemocracy.net/en/transformation/sacred-activism-movement-for-global-healing/>. [2020, September  
22].